

the balancing act of energetic harmony

THE AIM PROGRAM OF ENERGETIC BALANCING is a powerful & unique spiritual technology that allows you to realize your true energetic potential. Energetic Balancing helps you remove your energetic imbalances in order to unleash your natural ability to heal yourself in every area of your life. EMC² believes that energetic imbalances impede the flow and expression of Life Force, which we define as your vital energy, your natural healing capacity.

MANY TOOLS FOR SELF-HEALING EXIST.

One of the most comprehensive—The AIM (All-Inclusive Method) Program of Energetic Balancing—combines spiritual principles with subtle-energy physics and delivers energy via a sophisticated computer system to assist participants in healing themselves. To date, nearly 40,000 people have participated, including several hundred with the frequency of autism or Down Syndrome on a scholarship program facilitated several years ago by Dr. Wayne Dyer.

Energetic Healing is Spiritual. The trio of healing, spirituality, and consciousness cannot be separated, says Stephen Lewis, creator of the AIM Program. As a student of spiritual traditions and subtle-energy physics, he realized that keeping one's energetic field in harmony is key to both physical health and overall wellbeing. What we call illness does not begin in the physical body, he explains. Instead, it is a disturbance in an individual's energetic frequencies, or the vibrations in consciousness on the spiritual plane, which can emerge in the physical body. However, if one's Life Force (also



called chi or prana) is strong enough, balance is quickly restored.

Unlike a medical practitioner treating you with hope of curing—doing something to you,—healing is an inside job conducted in the spiritual realm, resulting from a shift in consciousness that heals the spiritual level and manifests on the physical.

Lewis discovered how to deliver healing frequencies using the AIM Program of Energetic Balancing, a "spiritual technology," as he describes it. Along with Evan Slawson and Roberta

Hladek, he co-founded the Energetic Matrix Church of Consciousness, LLC, or EMC², as a way of offering it to the public. Lewis and Slawson wrote about the evolution of the AIM program in *Sanctuary: The Path to Consciousness*.

Lewis emphasizes that the AIM Program does not diagnose, treat, or cure illness, and the practices of the ministry of EMC² are not healthcare or medicine. Therefore, Lewis explains, anyone who wants a diagnosis or medical treatment should see a doctor, chiropractic, etc. (See back cover for the upcoming *AIM Workshop*) Barbara Stahura is a freelance writer in Tucson, Arizona and writes frequently for *Science of Mind*. ■